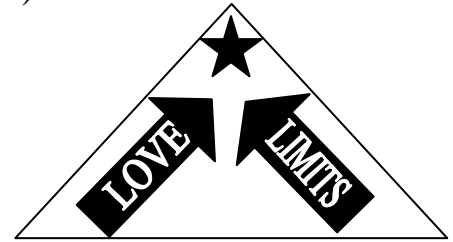


## **Parenting with Love and Limits**

Who should take the Parenting with Love and Limits Classes?

*Any parent, guardian, grandparent or caregiver of teenagers (ages 11-18) who show two or more of these behaviors...*

- Persistent and serious lying
- Extreme disrespect
- Running away (or threatens to)
- Destruction of property
- Physical aggression
- Threats of violence
- Stealing
- Threats of suicide
- Chronic truancy



*If you ....*

- ★ Are tired of not being sure what to do about these and other troubling behaviors
- ★ Feel ready to try some new responses to having your “buttons pushed” instead of giving up
- ★ Can use a little support in this challenging job of parenting teens

Parents and caregivers will learn seven concrete steps to re-establishing your authority.

Each family will receive a great workbook along with all the empowering skills and support you need.

Dates: Six (6) sessions, Tuesdays, April 20<sup>th</sup>, April 27<sup>th</sup>, May 4<sup>th</sup>, May 11<sup>th</sup>, May 18<sup>th</sup>, May 25<sup>th</sup> 2010

Time: 7:00 – 9:00 pm

Place: Family Support Organization of Bergen County  
0-108 29<sup>th</sup> Street  
Fairlawn, NJ 07410  
Phone: (201) 796-6209  
Fax: (201) 796-1151

We have adult supervision for youth while parents/caregivers participate in classes. Space is limited so register early.

Any questions call (201) 796-6209 x102



## “Parenting with Love and Limits”

### Registration Form

**❧ NO COST TO YOU TO ATTEND ❧**

Parents and/or Caregivers Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Age of Child: (ages of all children) \_\_\_\_\_

Will you need adult supervision for children/youth during the workshop?

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please list the ages of the children requiring adult supervision: \_\_\_\_\_

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Dates: Tuesdays from April 20<sup>th</sup> to May 25<sup>th</sup> 2010

Time: 7:00 – 9:00 pm

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